Quick Start

Bread Basket | 8

Selection of freshly baked breads

Fruit Plate | 9

Selection of fresh cut fruits

Breakfast Sandwich | 8

Fried Egg, Cheddar on an English Muffin

Breakfast Patty | 8

In-house made spicy beef pocket

Sides

Toast or Bagel | 3

Ask your server for selection

Bacon, Ham, Sausage | 4

Your choice of any.

Fresh Cut Tomatoes | 3

A compliment to any breakfast

Fresh Sliced Avocado | 4

When available

Fresh Baked Muffin | 3

Ask your server for selection

Hearty Breakfast

Saba Omelette | 15

3 Egg Omelette; choose your ingredients. *Add cheese* | 1

Lobster Benedict | 25

Like eggs benedict - only better.

2 Eggs any style | 13

Comes with your choice of bacon, ham, or sausage, toast, and breakfast potatoes.

Pancakes or French Toast | 12

Golden, light, fluffy pancakes, or perfectly prepared Vanilla French Toast.

Classic Salmon Benedict | 18

Smoked Salmon, Hollandaise.

Saba Breakfast Buffet | 28

When you can't decide...just have it all. Breakfast buffet includes coffee, tea, or juice.

Hot Cereal | 8

Oatmeal porridge served with brown sugar, cinnamon, and raisins

Coffee bar

BVI Coffee Roasters' exclusively prepared proprietary roast of speciality grade for Saba Rock. Start your morning, change your life!

A 20% service charge will be added to all guest checks. At Saba Rock we work as a team, and our service charge is divided by the entire crew. Kindly note, any additional gratuities left above 20% will go directly to your server.



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